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Learning journey "Train-the-trainer" for group sessions





# Train-the-Trainer for group sessions

#### Purpose

At the end of this module, you will be able to:

- Facilitate an existing training module in an engaging and impactful way.
- Performing an on-the-job training
- Develop your own learning session.
- Use clear and technical language.
- Becoming an advanced trainer facilitating your own engaging and impactful session.

#### For whom?

Employees involved in facilitating and developing a learning or training sessions in group. There is no need for relevant prior knowledge.

### Why relevant

Every expert has a story and tips to share with his/her coworkers. As trainer and/or mentor you have the ambition to make your learning session as impactful and engaging as possible. But how?

Motivating adult learners to learn can be quite a challenge unless you know what makes them tick and what compels them to prioritize and act. Furthermore, knowing how the **brain** works and how learning can be best triggered is essential for impactful learning events.

#### Agenda

Intake and teasers

Part 1: The basics – 2\*0.5 day

- 1. 5 tips for an interactive and impactful training
- 2. 5 needs for adult learners
- 3. Handling difficult situations
- 4. Voice and body knowledge
- 5. Asking questions & Sharing feedback

Part 2: Mastering – Developing a session – 0.5 day

- 6. 5 steps development process of a training
- 7. Understanding different learning preferences
- 8. Knowing how the brain works
- 9. Deep dive in objective setting
- 10. Scenario
- 11. Learning formats

Part 3: Mastering – Facilitating your session – 1 day

- 12. Experimenting and evaluating your training approach, voice and body language
- **13**. Practising on asking the right questions and sharing feedback





## Design:

X-Conscious stands for short practical learning nuggets integrated in your worktime. Focus on learning in the workflow and optimum performance results. Interaction and discussions are key. On the other hand, we keep our sessions light and fun, because people learn best when they are having fun. X-Conscious works together with a collective of certified experts and trainers from Betoobe. Betoobe is a freelance community. As owner of X-Conscious, I am the community lead of the trainers' community. Do not hesitate to contact me if you have any questions.

"Performance based training programs for your consultants easy integrated in worktime."



## Each module exists of:

- Teasers
- Reference materials (PowerPoint and/or recording of the session)
- Live (online) practice sessions
- ✓ Q&A's





## Learning journey









## Trainer



An owner of X-Conscious De

Boelpaep

I have had the opportunity to work in Learning & Development for large companies such as Pfizer, Bill Gates Foundation (USAID), Ineos, Etex, Prothya Biosolutions.

To really follow my passion for building an eco-system around learning, I became an entrepreneur in 2018. As an entrepreneur I put a concept in the market that fully resonates with who I am and with the values I represent when working with customers and partners.

It is my passion to guide people to improve their personal productivity, so that this increased efficiency leads to more job satisfaction & engagement. Moreover, this personal growth will also boost the organization's growth.

I strive to deploy HR strategies that are innovative and creative with a positive impact on efficiency in order to sustain the personal/organizational growth.

Adjustability is my motto. I like practical and pragmatic solutions, not expensive and heavy models. More precisely, what is needed to really achieve results in your environment.

